

2024 ASIAN CALENDAR OF EVENTS 15/01/2024

DATE	CHAMPIONSHIPS	PLACE
FEBRUARY		
9-12 FEBRUARY	AJMAN INTERNATIONAL BODYBUILDING COMPETITION	Ajman
13-17 FEBRUARY	IFBB MR UNIVERSE IRAN	Ramsar, Iran
24-25 FEBRUARY	IFBB DUBAI MUSCLE BEACH	Dubai, UAE
MARCH		
APRIL		
TBD APRIL	IFBB ASIAN CUP	Uzbekistan
MAY		
8-10 MAY	IFBB MR UNIVERSE IRAQ	Iraq
24-25 MAY	MR UNIVERSE CHINA	XiaMen, China
31 MAY - 1 JUNE	MR UNIVERSE LEBANON	Beirut, Lebanon
JUNE		
TBD JUNE	IFBB CENTRAL ASIAN CHAMPIONSHIPS	Kazakhstan
27-30 JUNE	IFBB ASIAN CHAMPIONSHIPS	Ulaanbaatar, Mongolia
JULY		
29-30 JULY	IFBB MR UNIVERSE JORDAN	Jordan
AUGUST		
middle AUGUST	IFBB WEST ASIAN CHAMPIONSHIPS	Muscat, Oman
24-25 AUGUST	IFBB MIDDLE EAST CUP 2024	Beirut, Lebanon
SEPTEMBER		

6-8 SEPTEMBER	MR UNIVERSE SAUDI ARABIA	Saudi Arabia
6-8 SEPTEMBER	IFBB EAST SOUTH ASIAN BODYBUILDING & FITNESS CHAMPIONSHIPS	Jeju Island, Korea
20-21 SEPTEMBER	IFBB MR UNIVERSE INDIA	Mumbai, India
23-28 SEPTEMBER	IFBB WORLD MEN'S BODYBUILDING CHAMPIONSHIPS & ANNUAL CONGRESS	Kish Island, Iran
2nd week SEPTEMBER	IFBB ABU DHABI SPORTS FITNESS EXPO	Abu Dhabi, UAE
OCTOBER		
3-5 OCTOBER	IFBB MR & MS WORLD FUJAIRAH	Fujairah, UAE
26-27 OCTOBER	IFBB DUBAI MUSCLE SHOW	Dubai, UAE
NOVEMBER		
24-25 NOVEMBER	IFBB PRESIDENT SANTONJA WORLD CUP 2024	Beirut, Lebanon
DECEMBER		
5-8 DECEMBER	IFBB WORLD WOMEN'S CHAMPIONSHIPS & MEN'S WORLD CUP	Tokyo, Japan